

Hello,

We are N.A.B.A GROUP, fully accredited International Leaders & Partners in development of talented Elite-level Basketball & Soccer Athletes, Language & Sport Studies and Sporting Arrangements in our main facilities in the heart of Dublin Ireland, in the beautiful Island of Lanzarote – Canary Islands, Spain and other international locations.

With over 20 years of Elite-level Coaching & Sport Experience, Fully accredited Programs, Sport Camps Management, our passion & mission is for developing and nurturing Elite level talent.

NABA Group Training facilities and Camps are perfectly placed geographically to give athletes the chance for a multinational platform to showcase and develop their talents or to experience a unique and inspiring training trip!

The North Atlantic Basketball & The North Atlantic Soccer Academy seek to create a unique, holistic, and bespoke sporting program for players of nearly all ages and skill levels but also to organise unique sporting trips and experiences!

We offer Sport & Academic programs ranging from our children's after-school all the way to our Full-Time and Transition year programs that seek to develop student athletes all the way to the collegiate level.

The North Atlantic Basketball Academy (NABA) & The North Atlantic Soccer Academy are devoted to the development of athletes who are able to play intelligently and transfer their skills into their professional and academic lives. Our academy programs ensure that athletes have a focused plan to reach their desired objectives both academically and athletically. Students who attend the academies will receive academic assistance, soccer and basketball career planning, high-performance training as well as strength & conditioning training, to ensure their all-round development.

The athletes will also get access to an International Network of Recruiters and International Scholarships.

Our offerings include professional English & Spanish classes, tours and certifications. The offer is extended to other languages based on country.

We are also the Industry leader in catering for Sporting Arrangements and we arrange Fitness & Weightlifting Training Camps in our main Training Hubs in Dublin/Ireland, Lanzarote-Canary Islands/Spain and additionally in other International locations.

Join us for a week with training, swimming in the sea, relaxing in the sun, new friends and great food in paradise!

Our offer includes a holistic approach to the Youth Sport development

Personal Development ↔ Field Player development ↔ Specialized Programming ↔ Psyhological development ↔ Classroom performance ↔ Nutrition education ↔ Tournament play ↔ International Recruitment

OUR ACADEMIC PROGRAMS & OFFERS FOR YOUTH:

- <u>Full Academic Program</u> (Sport development & training, Language, Online Academic Studies that follow the accredited US High School System recognized and alligned to the most of the international School systems. Cost €12,500.00 per year.
- Summer Camps with Spanish and Irish Summer Elite Training (Sport development & training, Language) 1 or a combination of Sport Tour Training in both locations.
 Cost €675.00 per week
- Prep-School Program (Sport development & training, Language, Classroom performance Age 18 – 22 years old Cost €9,500.00 per year
- <u>Transition Year</u> (Sport development & training, Language, Classroom performance Age 14–16 years old) Cost €7,950.00 per year
- <u>Naba Nippers Program</u> (Sport excellence and development for young children. We aim to produce professional players capable of participating in the European Youth Basketball & Soccer Leagues) €7.00 per session, Monthly @ €65.00 or Annual (12 months)- €650.00
- <u>EGBL Program</u> for Girls Competing in European Youth Basketball & Football Leagues Cost €150.00 per month or €1428.00 per annum.
- After-school Programs
 Cost €80.00 per month (2 days a week) €120.00 per month (3 days per week)
- The NABA GROUP Basketball & Soccer Academies also offer community programs with the opportunity for personal development in disadvantaged areas of Ireland and Spain.

GROUPS & INDIVIDUAL FITNESS TRAVEL FOR ADULTS:

- 1 week with professional powerlifters and weightlifters from all over the world in Lanzarote, Spain- Cost €675.00 per week- Group rates available
- 1 week with professional powerlifters and weightlifters from all over the world in Dublin, Ireland- Cost €675.00 per week-Group rates available

NABA Group Sport Training is a unique destination on the Island of Lanzarote, Spain with access to fantastic gym facilities right next to the Atlantic Coast. We live in simple apartments just a few meters from the water. NABA Group Sport Training offers also Training Weeks in the vibrant heart of Dublin, Ireland which in itself offers a unique cultural learning experience



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Sunbath and good food combined with exercise, sweat, astonishing scenery and a lot of new friends Does that sound wonderful? If so, it's time to go on a training trip!

Regardless of your training level and ambitions, we offer training in a unique and very inspiring environment. It is a perfect break in everyday life where you get to focus on yourself and your workout for a week.

Thefood! FOOD IS INCLUDED IN THE PRICE!

The food is a big part of the journey. For a whole week you get to eat really tasty and healthy food. Many people think eating healthy is the same as boring and not always particularly good food, but it certainly isn't!

With proper planning and good ingredients, you can eat really good and healthy and learn a lot about the Irish and the Spanish Food Culture!

Contact us



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